



# Menu

Connections Community Cafe.

131-133 Linthorpe Road,

Chicken Parmesan

Telephone:

Middlesbrough. TS1 5DE.

01642 243552

9.95

#### Breakfasts

Eull Englich

Full English 2 sausage, 2 bacon, 2 eggs, beans, hash brown, black pudding, tomatoes, mushrooms and toast. Includes a Tea or Coffee	9.95
Small Breakfast Sausage, bacon, egg, beans, hash brown, tomatoes, mushrooms and toast. Includes a Tea or Coffee	8.00
Veggie Breakfast 2 Vegan sausage, hash browns, beans, tomato, mushrooms and avocado. Includes a Tea or Coffee	9.00
Breakfast Stottie Bun Bacon or sausage with fried egg and hash brown	4.50
Breakfast Wrap Bacon, egg, sausage, hash brown and cheese	6.00
Eggs Benedict 2 poached eggs served on a bacon topped muffin with hollandaise sauce	8.95
Avocado Smash Avocado on toast with poached eggs	7.00
Breakfast Bagel Smoked salmon with cream cheese on a bagel	7.50
French Toast Streaky bacon, maple syrup	6.95
Yoghurt and Granola Bowl Greek yoghurt, seasonal berries and granola	3.95

Breakfast menu served till 12pm,

Sides

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Chunky Chips	3.00
Skinny Fries	3.00
Salt n Pepper Chips	5.00
Cheese, Beans & Chunky Chips	5.00
Freshly Battered Onion Rings	4.00
Garlic Bread	3.00



Check out the Daily
Specials board, for £5
meals and new dishes to
enjoy throughout the
week!

### Lite Bites/Sandwiches

Club Sandwich

Club Sandwich Chicken, mayo, bacon, lettuce and tomato on toasted bread, served with side garnish and crisps	8.00
BLT Bacon, lettuce tomato and mayo on toasted bread, served with side garnish and crisps	7.00
Avocado Club Avocado, mayo, cheese, lettuce and tomato on toasted bread, served with side garnish and crisps	7.00
Fish Finger Sandwich Cod goujons, baby gem lettuce, tartar sauce served in brioche bun with chips and salad	9.00
Selection of Cold Sandwiches Fillings to choose from include, ham, tuna mayo, egg & cress, coronation chicken, cheese savoury served with garnish and crisps.	4.50
Paninis - served with Garnish and Crisps	5.50
Roasted peppers with halloumi cheese and pesto	
Tuna and melted cheese	
Ham with melted cheese	
Jacket Potatoes With selection of fillings including tuna mayo, coronation chicken, cheese savoury, cheese and beans served with garnish and coleslaw	6.50
Quiche of the Day Served with new potatoes, salad and coleslaw	7.00

All food to eat-in or takeawaway

#### Main Menu

Served with garlic mayo, chunky chips, side salad and coleslaw	7.75
Hot Shot Parmesan Jalapenos, pepperoni and chili sauce Served with garlic mayo, chunky chips, side salad and coleslaw	10.50
<b>Fish Goujons</b> <b>S</b> erved with tartar sauce, chunky chips, salad and coleslaw	9.00
Caesar Salad Cos lettuce, parmesan cheese, croutons, Caesar dressing, chicken and bacon	9.00
Katsu Curry Served with rice and chunky chips	10.00
Build a Burger Burger with optional extras - bacon, cheese, onion rings and gherkins served in a seeded bun with chips, salad and coleslaw	10.50
Panko Chicken Burger With lettuce, tomato, mayonnaise and chips	10.00
<b>Hot Beef Bun</b> Pulled beef brisket in a floured bap, served with a pot of gravy	6.95

## Find out more about our social enterprise

Did you know, we're part of Recovery Connections?

San Me

Every meal, drink and snack purchased at our non-profit, social enterprise cafe, helps to support the region's largest Lived Experience Recovery Organisation.



We're grateful for your support!

Allergies & Intolerances

Please speak to a member of staff about ingredients used when placing your order.